



Urban Eldercare

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What is a Family Coronavirus Plan?

Perhaps you have been wondering:

- *"Should I bring my mother home from assisted living?"*
- *"Is it safe for dad to still have his caregivers coming into the house?"*
- *"How will we care for mom and dad if they get sick?"*



A Family Coronavirus Plan gives you the opportunity to talk with a local expert in eldercare and aging well to ask specific questions and create an action plan tailored to your family's unique situation.

With 20 years of experience working with older adults and their families, Urban Eldercare is intimate with the special needs and pressures of caregiving families. We also are deeply knowledgeable about local eldercare providers and can advise about best strategies, given your family needs and resources.

Here is how the planning session works:

- 15-minute free get-acquainted call
- You send pertinent information for our care managers to review ahead of time
- 90-minute phone call with up to two stations (phone numbers) participating
 - Address your top three concerns
 - Discuss safety issues in the current situation
 - Strategize about possible scenarios and wisest options (as much as we can cover in the time allotted)
 - What if they become sick
 - What if people around them, spouse, caregivers, residents, become sick
 - What if they need to go to the hospital
 - What if you become sick
- Written summary of the call
- Access to our Coronavirus Resource page with handouts and links to guide you

If there is more to discuss or if you want specific research, we can make arrangements for that.

Want more information? Call us at

212-996-8682

or visit

<https://urbaneldercareconsults.com/>