

The quality of life  
for you and your  
loved one is  
important

Today family members, friends, and other unpaid caregivers are considered the back bone for much of the care that is received by older adults.

It is important that they all have the vital support that they need. Our ShiningCare Online Support & Resource Center is a imperative tool for each.

Find your help at our educational website:

[www.shiningcare.org](http://www.shiningcare.org)

For business wanting to provide your customers and employees this added benefit you can link our educational website to yours.

[caregivingcompass.org](http://caregivingcompass.org)



ShiningCare, Inc. was formed in 2009 with a vision and mission to provide for the unmet needs of elders, disabled adults and their loved ones in order to live safely and happily in our community.

Our mission is to bring compassionate light into difficult situations and provide solutions, give direction and care to restore a secure and purposeful life, renewing hope and peace for individuals and families.

We are trusted professionals committed to providing:

- Expert counsel and Care Management & planning
- Initial assessment
- Crisis Intervention
- Facilitating connection to needed resources
- Aid in the prevention of elder abuse, neglect, loss of health and independence

Our programs are all mutually reinforcing and collaborative in nature, which creates a collective impact and more.

ShiningCare, Inc

1551 E Cypress Ave. ST B | Redding CA 96002

Ph.: 530.232.5543 | Website:  
[www.shiningcare.org](http://www.shiningcare.org)



Looking for Elder  
Care Resources?



WE CAN HELP!

Online Support and  
Resource Center

# Solutions to your questions

## Helpful Articles:

- Memory Loss/Dementia
- Preventing Falls
- How to Discourage “Wandering”

## Helpful Tips:

- Your changing role
- Coping with stress
- Dealing with family
- Educating yourself
- Finding help

## Monthly newsletter

## Local & National Resources

## Free 30 minute consultation

Thank you to our **Excellence in Service Partners (ESP)** they are vital to the services we are able to provide our older adults and their families.



(530) 232-5543, or toll-free (866) 495-1641 | Email Us | Search

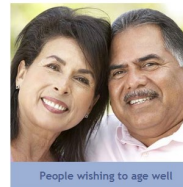
Home | Our Services | About Us | Helpful Info For You | Local Resources | For Businesses | Elder Abuse Prevention | Contact Us

Your Caregiving Compass for Shasta, Siskiyou, Tehama and Trinity Counties

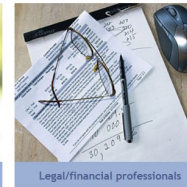
Schedule a Free Consultation | Support Us | Find Local Resources

You have questions:  
Is it wise for  
my parents to  
live on their own?

Resources for You: (530) 232-5543, or toll-free (866) 495-1641



People wishing to age well



Legal/financial professionals



Families with aging parents

### Insights on Aging

Learn about the aging process and how to make the journey your own

### Staying Independent

Take charge of your life in order to preserve your physical abilities

### Memory Loss (Dementia)

Is it Alzheimer's or the normal forgetfulness of aging?

### Important Documents

Create the official papers needed to be sure your wishes are followed

### Tips and Tools for Families

Gain insights about changing roles and your place in the aging family

## Our Monthly Newsletter



### Gifts for Older Adults

What to get for the "chronologically gifted?" These age-friendly ideas address the special interests or concerns of...

[Read More >](#)



### How to discourage wandering

It is natural to fear that a loved one with dementia may wander. Indeed, 60% of people...

[Read More >](#)



### A new year reflection

After the hubbub of the holidays and in the darkest nights at year's end, nature seems to...

[Read More >](#)