

The Gatekeeper Program is a community program designed to identify older adults whose safety and well-being are at risk.

Often these individuals are socially isolated, live alone, and are in need of some type of assistance to maintain their safety and independence.

There are many at-risk older adults who live in our community with little or no support systems, such as family or friends to act on their behalf, as they begin to experience difficulties.

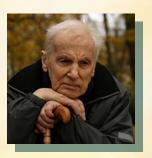
It has been proven these individual also typically do not self refer or seek help from traditional eldercare providers. If they receive help, it is because someone they know and trust intervenes on their behalf.

The goal of the program is to preserve the quality of life, independence, safety and dignity of older adults who may need emotional, cognitive or aging care support.



Shining Care

Are You Concerned About An Older Adult?







You Can Help Become a Community Gatekeeper

The Gatekeeper Program has been funded by the County of Shasta through the California Department of Social Services.



How Does the Program Work

The Gatekeeper Program partners and trains public agencies, organizations, health care providers and caring community individuals like you. The training provides skills that enable them to recognize and refer older adults who are exhibiting behaviors that indicate they may be in need of assistance.

Our Aging Care Solution Specialist will reach out to the older adult who has been referred and has given consent to provide a free assessment conducted in their home to determine what support and services are needed.

We offer:

- Screening of older adults with signs of mental health and memory concerns
- Risk & Needs Assessments Services
- Connection to community services and specialists
- Care Planning and Aging Care Solutions
- In-Home Care Services

This program is for older adults 60 years and older and provides consent to assist them.

*Confidentiality of all parties is maintained

Signs & Symptoms Someone May Need Assistance

Watch for the following signs that could indicate an older adult may need help:

- Mental State: Confusion, disorientation, memory loss, repetitiveness
- Physical: Difficulty in seeing, hearing or walking, alcohol or substance abuse
- <u>Emotional:</u> Recent loss of spouse, appears depressed, anxious or withdrawn, loss of appetite
- Social: Isolated, possible victim of abuse, neglect or exploitation
- <u>Personal Appearance</u>: Unkempt, dirty clothes, weight loss
- Environment: Home needs repair, trash or debris in yard, neglected pets
- ◆ <u>Economic</u>: Confused about money matters and an inability to afford necessities



Together We Can Build A Bridge To Wellness.



Are You Ready to Become a Gatekeeper?

You can make a difference. Any concerned member of the community who comes in contact with vulnerable older adults may become a Gatekeeper.

- ShiningCare will provide FREE on site training
- We also offer bi-weekly Gatekeeper training at our location

As a Certified Gatekeeper ShiningCare will provide:

- Quarterly Newsletter
- Gatekeeper Posters
- Gatekeeper Brochures
- Gatekeeper Referral Cards
- Refresher courses
- Train new employees
- Provide on-going education modules

To schedule your training or for more information contact us.

ShiningCare 1448 Pine Street Redding, CA 96001 Phone: 530-232-5543