

Patient Resource Guide

IN HOME CARE INCORPORATED



(800) 784-3500

Three Locations Serving Southwest Virginia

Wise, VA

201 Nottingham Ave.
Wise, Virginia 24293
(276) 328-9340

Jonesville, VA

154 Church St
Jonesville, VA 24263
(276) 346-4420

Norton, VA

702 Commonwealth Dr.
Norton, VA 24273
(276) 679-7912

Activities of Daily Living



Underpads

Reusable underpads offer caregivers and patients several advantages. The underpads are machine washable and dryable. These cost saving underpads are comfortable and provide effective protection to bed mattresses and bed linen. These items are retail only.

Bedside Table

Easily assembled, over-bed table with wood grain laminated top measures 30" x 15". Height adjusts from 28" to 45". Covered by VA Medicaid when patient is confined to hospital bed.



Eating Utensils

Features a twist-in metal shaft for easy adjustment to any angle for easy holding and is bendable left or right. Rocker knife cuts with minimal effort. Large ribbed rubberized handles. Made of stainless steel and dishwasher safe. Set of 4 includes: rocker knife, fork, tea and table spoons. Perfect for elderly and people with tremors. These items are retail only.

Activities of Daily Living

Electric Hospital Bed

Strongest base-frame in the industry with more motor clearance between motor and bed frame. Reinforced head section, pivot points use self-wrenching nut system, hi-lo bed ends, universal, and hi-lo rod. Single motor lifts head and foot with split-spring design that is extremely quiet. Easy assembly with motor and electronics fully removable for easy cleaning of frame. Covered by Medicare and most other insurances.



Freedom Rise Bed

Because it is fully-electric and does all the work to help you get to your feet, it is perfect for anyone with limited mobility who struggles to get in and out of bed. This chair is an all-in-one recliner and long-term care bed combined.



It changes between three positions with a simple, two-button operation. One button lowers the chair into a flat bed position, and the other button raises the chair into a sitting or standing position. Simply hold down either button to automatically change positions.

Activities of Daily Living

Lift Chair

These chairs make standing easier by eliminating the strain on your hips and knees. They aid comfort and mobility, as well as promote independence. These chairs may be covered in part by your insurance if you have arthritis of the hips, knees or other debilitating disease of the lower extremities.



Biofreeze

Biofreeze is an over the counter topical analgesic pain relieving gel. It helps reduce swelling and inflammation. It numbs affected area to reduce pain, and reduces muscle spasms. Biofreeze is inexpensive and can be self-administered.

Paraffin Wax Supplies

Made in the USA, premium FDA food-grade paraffin wax deeply hydrates and protects. Specially formulated to provide maximum therapeutic effect, wax builds thick pliable layers that form an easy-to-remove glove, leaving no sticky or greasy residue. Can be used in any paraffin spa bath. Comes in a range of scents available through special order. May be covered by some insurances.



Ambulatory Aides

Lightweight Walker

A Lightweight Walker is designed simply to fold for storage and transport. This walker is for patients who need more support than a cane can provide. This product may be covered by Medicare and most other insurances if determined to be a medical necessity by your physician.



Rollator

Rollators will meet all your needs with a focus on style and affordability. These rollators feature easy-to-operate ergonomic hand brakes and easy folding for storage and transport. Invacare Rollators offer great maneuverability and stability, and are height adjustable for a custom fit. Baskets are standard on all rollators. This product may be covered by Medicare and most other insurances if determined to be a medical necessity by your physician.

Canes

Adjustable height cane features an anodized aluminum finish with a soft cushioned handgrip. A cane can be used in either the right or the left hand. This product may be covered by Medicare and most other insurances if determined to be a medical necessity by your physician.



Ambulatory Aides



Wheelchair

We offer a variety of wheelchairs to aid with daily living. These may be covered by Medicare and most other insurances if determined to be a medical necessity by your physician.

Walker Trays

Walker Trays make carrying dinner, magazines and crafts easy. Turns any standard walker into a TV/transport tray. Two recessed cup holders secure beverages. Not covered by insurance but reasonably priced.



Crutches

Crutches are easy to adjust and provide comfortable support. Push-button height adjustment and a full range of sizes ensure a perfect fit: junior, adult and tall. A handy patient height guide is printed on the crutch for easy, accurate adjustment. Covered by Medicare, Medicaid, and most insurances if all medical requirements are met.

Ambulatory Aides

Transport Chair

Lightweight aluminum frame weighs only 19 lbs. with maintenance free 8" castor wheels. Fold down back for easy storage, seatbelt for added security, comfortable nylon upholstery, swing-away footrests included, push to lock rear castor brakes, and available in multiple colors.

This item is covered by Medicare patients and private insurances for patients who cannot ambulate or self propel a manual wheelchair.



Dietary

We carry a variety of enteral products such as, Ensure, Jevity, Boost and Pediasure. For supplemental or sole-source nutrition. Used for patients with feeding tubes

to provide nutrition. This item is covered only by Medicare, Medicaid and other private insurances when patients are fed through feeding tube. Also may be covered by Medicaid for oral consumption when it is the patient's sole-source of nutrition.

Bath Safety



Transfer Bench

Transfer Benches help make transfers in and out of the bathtub safer and more comfortable. They feature anodized aluminum frames that are rust-resistant, arm rails for support and non-marring

rubber tips. This item is covered by VA Medicaid.

Shower Chair

Shower Chairs offer stability, comfort, and tool-less assembly in seconds. Invacare® shower chairs are designed for individuals who require seating support when bathing or showering and provide comfort and safety in the bathtub. This item is covered by VA Medicaid.



Grab Bar

These grab bars include a soft-touch, firm grip white powder coating surface, durable steel construction with 3.75" wall clearance, and a 1" outside diameter gripping area. Gives stability getting in and out of the shower or bath. This item is covered by VA Medicaid.

Comfort Aids

Foam Wedge

The Foam Slant is designed to provide comfort and relaxation for individuals suffering from respiratory problems, leg, ankle or foot discomfort. Can also be used to support your back while sitting upright in the bed. These items are retail only and are not normally covered under insurance plans, but very reasonably priced.



TENS Unit

Dual channel analog TENS device provides nerve stimulation to treat pain. 3 modes of operation: continuous, width modulation (50% decrease/increase of set width over 5 seconds), and burst (8 pulses per burst, 2 burst per second). The pulse rate adjusts from 2 - 150Hz

and the pulse width adjusts from 50-250 us. Output intensity adjustable from 0-80 mA. Features covered amplitude knobs and hinged battery cover to provide comfort while wearing. This item is covered by most insurance when ordered as a part of a rehabilitation program or physical therapy.

Maternity Supplies

Breast Pump

We offer single and double electric breast pumps and supplies. These are covered by most private insurances.



Comfort Aids

Heating Pad

Deep-Heat™ Therapy Pack with Easy-Comfort™ Switch. Convenient, controlled, moist heat for treatment of back pain, arthritis, TMJ, rheumatic pain, inflammation of joints and muscle spasms. Covered by Medicare and most private insurances.



EZ Shower & Shampoo Basin

The EZ Shower and EZ Shampoo Basin provide an easy, comfortable way to wash the hair of bedbound patients without getting water on the patient or on the linens. These items are retail only.

Mastectomy Products

Bras and Forms

We offer only the top brands of mastectomy supplies; Nearly Me and Amoena. We carry bras and forms. These items are covered by Medicare and most private insurances. Certified fitters are on staff to assist you and answer any questions you may have.



Diabetic Supplies

Diabetic Supplies

The Embrace glucometer provides accurate results in just 6 seconds with just a small, painless 0.5 ml blood sample. No Code Technology delivers a more accurate result with less potential for error. Covered by most insurance companies if deemed medical necessity.



Diabetic Shoes

We carry only the best diabetic shoes such as Dr. Comfort, Aetrex and the new I-Runner (a diabetic shoe made just for those who continue to have an active life-style). These shoes are covered by Medicare and most private insurances when medical criteria are met.

Diagnostic Supplies

Digital Blood Pressure Cuff

Clinically validated for accuracy. Features large digital screen that displays systolic/diastolic reading and pulse rate for two or more people. Stores up to 60 readings that can be accessed with the touch of a button and calculates and displays the average of total readings stored in memory. Covered by VA Medicaid with prior authorization.



Incontinence Supplies



Adult Incontinence Supplies

Prevail® Adult incontinence products are designed for maximum protection against heavy incontinence. We offer a variety of incontinence products including bladder control pads, adult pull-ups, briefs, and underpads. These items are covered by Medicaid MCO's if ordered by a physician and all medical requirements are met.



Bedside Commode

Versatile, deluxe commode can be used bedside, with backrest removed, and can act as a toilet safety frame or raised toilet seat. Height-adjustable, sturdy frame made of grey powder-coated 1" steel and comes fully assembled. Covered by Medicare and most insurances if all medical requirements are met.

Toilet Seat Elevator

This product elevates your existing toilet seat 5 inches to make sitting or standing easier. Has sturdy arms for extra support, with padded, easy to clean, and hyperon grips. This item is covered by VA Medicaid.



Pediatrics

BiliLight

The PEP Bright Embrace BiliLight which will provide more healing light therapy than any other conventional or fiberoptic device on the market today, including double-banking devices used in hospitals. This item is covered by Medicaid and private insurances for infants who meet medical requirements.



Apnea Monitor

Home Apnea Monitor is a portable machine used to monitor a baby's heartbeat and breathing at home when deemed necessary by a physician. This item is covered by Medicaid and private insurances.



Respiratory



Portable Oxygen Concentrator

For use by Respiratory Therapy patients 24 hours a day, 7 days a week. The Oxlife Independence Portable Oxygen Concentrator (POC) is a mobile concentrator with both continuous oxygen and pulse dose oxygen. Equipped with an integrated cart, this concentrator is agile and easily portable around your home, community and wherever you need to go. This product may be covered by Medicare and most

other insurances if determined to be a medical necessity by your physician.

C-Pap Mask and Supplies

We offer several different types of CPAP masks. From nasal pillows, nasal mask, and full face. We carry all major brands and can order the mask of your choice if we don't have it in stock. These items require a prescription and are covered by most insurances.



Respiratory



Pulse Ox

O2 Range: 0 - 99%, Heart Range: 30 - 240 BPM, Accuracy: $\pm 2\%$. Features a Large LED display with SPO2 wave form. Retail only, this item is not normally purchased by insurance companies, but very reasonably priced.

Nebulizer

Primarily for asthma and COPD patients to deliver aerosol medication, we offer adult and pediatric versions. Our pediatric nebs come in a variety of characters. Covered by Medicare, Medicaid, and most private insurances when medical criteria are met.



C-Pap and Bi-Pap

We offer both major brands of CPAP and Bi-Pap machines, Resmed and Respirationics. These are covered by Medicare, Medicaid, and most other private insurances with a qualifying sleep study and a prescription from your treating physician.



Determine Your Goals & Develop A Plan With Us

In Home Care is committed to providing the highest quality home care services in our region. We will coordinate our efforts with your doctors and healthcare professionals to ensure all decisions are made in the best interest of our patient. While in our care you will have the comfort of knowing that you and your loved one are being cared for by an exceptional staff with a vast range of medical knowledge, as well as compassion for the patient and family alike.

Come and experience the best with

IN HOME CARE
I N C O R P O R A T E D

Home Health ♦ Medical Equipment ♦ Personal Care